

How to donate to Shining Life Children's Trust

You can make a donation by:
using this form to set up a **STANDING ORDER**.

I would like to help bring a shining life to children and their families in Sri Lanka by donating:

- £10 a month £25 a month
 £50 a month £100 a month
 other amount £.....

I am unable to give regularly but would like to make a donation of

A cheque is enclosed.

NAME:

ADDRESS:

Telephone:

E-mail:

To the manager of: (insert the name of your bank)

Address: (insert the address of your bank)

My Account Number:.....

Sort Code:

Please pay Shining Life Children's Trust, CAFBank.
Sort Code 40-52-40 Account Number 00016399.

Amount:..... Date of first payment:.....

Ref: (insert your last name)

I want the Trust to treat my donations as Gift Aid – if you are a UK tax payer, this enables us to increase your donation by 25%

Signature:..... Date:.....

Please send this donation form to 1 Chestnut Lane,
Amersham, Bucks HP6 6EN.

or you can make a donation by **credit card** by
visiting <https://mydonate.bt.com/charities/shininglifechildrenstrust>

or you can send a **cheque** to the address
above.

Objectives of Shining Life Children's Trust

- To work with disadvantaged children and communities in Sri Lanka.
- To support children through working with their families and communities.
- To work across cultures and religions.
- To ensure work undertaken facilitates sustainable development.
- To work in partnership with local organisations.
- To support small, unique and new projects.
- To support and develop projects that build on the strengths of Shining Life Children's Trust.
- To promote understanding and knowledge of Sri Lanka amongst supporters in the UK.

1 Chestnut Lane, Amersham, Bucks HP6 6EN

Tel: +44 (0)1494 257757

Email: enquiries@shininglife.org

www.shininglife.org

UK Registered Charity 1068123
Registered as a limited liability company in England
Number 3459486
Sri Lanka registered charity number FL1 4011

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Working to improve the
lives of children
disadvantaged by poverty
in Sri Lanka.

Shining Life Children's Trust was established in 1997 to work in Sri Lanka with children disadvantaged by war and poverty. Our focus is on the family; through developing the community in which the children live we aim to build a truly sustainable and brighter future for the children.

Our aim is not to give hand-outs but to facilitate. All our work is centred around participation; empowering families and communities to develop and educate their children and encouraging children to express their own needs.

There are many consequences of poverty and we ensure that all our projects provide a holistic solution. The main components of our projects are shown below.

Please help us to bring a shining life to the children of Sri Lanka

£5 per month provides day care facilities and a daily nutritious snack for one child.

£15 per month pays to set up Children's Clubs; building children's confidence and self-esteem and enabling them to work together to address the inequalities they experience.

£25 per month pays for five health workers to

- | | |
|--|--|
| <p>Building the community</p> <ul style="list-style-type: none"> • Women's societies • Community activities • Awareness programmes | <p>Finance and employment</p> <ul style="list-style-type: none"> • Microfinance scheme controlled by mothers • Access to cheap short-term loans • Self-employment training |
|--|--|

Project components

- | | |
|---|--|
| <p>Children's welfare</p> <ul style="list-style-type: none"> • Children's clubs and youth clubs • Provision of library books and sports equipment • Educational trips • Pre-school provision | <p>Health and nutrition</p> <ul style="list-style-type: none"> • Training programmes in health, e.g. hygiene, clean water • Training programmes in nutrition e.g. healthy diets, sources of affordable, nutritious food |
|---|--|



Children from the Rahuntagoda tea estate.



A woman from Galewala with the dresses she made in her dress-making training.

teach the community about basic nutrition and hygiene.

£50 per month pays for six mothers to receive occupational training to enable them to provide a steady income for their family.

Shining Life Children's Trust is staffed entirely by volunteers ensuring that over 98% of your donation goes directly to our work in Sri Lanka.

*'Through the project I obtained a loan of 5000 rupees [about £30] to start my business. For the first time I have an income for my family.
'I buy pieces of material and sew clothes to earn a living.
'I owe my heartfelt gratitude for all the support you have given to me.'*
Mrs S.G. Piyaseeli, Galewala'

'Thank you for organising this years Avurudhu Festival. We have already started reading the books and playing with the sports equipment.'
I.G. Kasun Sadamadi
Chairman, Ibbankatuwa Children's Club (Age 14)



Children from the Rahuntagoda tea estate enjoying their first trip to the sea.